

TRAUMA INFORMED FUTURES



Your weekly pulse on trauma-informed practice & progress

TRAUMA INFORMED SOLUTIONS™
Training the Future to Heal the Past.

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DEEPEN YOUR PRACTICE: CPD COURSE SPOTLIGHT

All courses are CPD accredited and include trauma-informed support materials

Trauma Informed Train the Trainer
Course Nov 2025 and Jan 2026
It's not training. It's transformation—
press play to learn more



BOOK NOW

🔍 DID YOU KNOW...?

Trauma Informed Principle:
Cultural, historical and gender
issues



Fast Fact:

Smell is culturally coded —
familiar scents can calm the
nervous system and restore a
sense of belonging.

📧 CONNECT WITH US

Trauma Informed Solutions are
committed to safety, empowerment,
and accessible practice across sectors.

🔗 Learn more:

www.traumainformedsolutions.co.uk

✉ Contact:

info@traumainformedsolutions.co.uk

💬 Join the conversation—follow
along, reach out, or collaborate.

Let's stay connected - follow us on



*With care—for ourselves, each
other, and the work ahead,*



Sally and Jo



WHERE PRACTICE MEETS PEOPLE: CRIMINAL JUSTICE EDITION



**“Empathy in Action: The Measurable Impact of Justice
Done Differently”**

Scotland's trauma-informed justice reforms have improved victim and witness experiences, reduced re-traumatisation, and increased engagement with the justice process. Restorative approaches have contributed to lower reoffending and more effective rehabilitation.

Justice agencies now embed relational safety, choice, and transparency — fostering trust, recovery, and more equitable outcomes across the system.

To find out more, click here

